

Vertical Fusion Boulder is gradually reopening for in-studio classes and private lessons. We still have and will continue to have live stream classes for the foreseeable future. Our in-studio services have changed drastically due to COVID-related health mandates; details about our changes are listed below

Due to the 2019-2020 outbreak of the novel Coronavirus (COVID-19), Vertical Fusion is taking extra precautions with the care of every client to include health history review and enhanced sanitation/disinfection procedures in accordance with the State, County, and City orders and guidance and CDC recommendations.

Symptoms of COVID-19 include:

Cough

Shortness of breath or difficulty breathing

Fever

Chills

Muscle pain

Sore throat

New loss of taste or smell

(This list is not all possible symptoms. Other less common symptoms have been reported, including gastrointestinal symptoms like nausea, vomiting, or diarrhea.)

Vertical Fusion and Grace Pilates is following these enhanced procedures to prevent the spread of COVID-19:

- Temperatures will be taken immediately upon arrival; anyone with a temp of 100.4 or higher will be turned away (employees will be held to this same standard)
- Prepayment of services is required to minimize client contact
- Retail sales must be made virtually in advance and picked up curbside or during a scheduled reservation
- Services are rendered only if reservations are made in advance; drop-ins are not allowed
- Classes are being limited in size to comply with the current mandates for personal recreation facilities
- Additional time is being scheduled between reservations to minimize client contact, to comply with capacity mandates, and to allow us time to sanitize
- Clients may not have guests accompany them for their reservations
- Each client and employee is required to wash and sanitize their hands and feet upon arrival and before leaving
- Personal belongings must be limited and are not allowed beyond the lobby with the exception of valuables and items critical to program participation
- Shoes must be removed before entering the dance space
- Use of grip product samples will be prohibited so be sure to bring your own personal products
- All surfaces and occupied floor space will be wiped thoroughly with hospital grade disinfectant between clients

- Gymnastics mats will be disinfected between clients
- Community yoga mats will not be available; clients must bring their own personal mat and may not store it at the studio
- Tape is being removed from all lyras so that the metal surface can be sanitized between clients
- Hammocks may not be shared; clients will be expected to rent a hammock for a month at a time, it will not be shared, and it will be stored in their own personal container at the studio during the rental period. More info on hammock rentals may be found on our [Hammock Reservation Form](#)
- Employees are required to log completion of all sanitization and safety tasks daily and between clients

Clients interested in joining in-studio sessions must agree to and sign a COVID waiver affirming the following:

I understand the above symptoms and affirm that I, as well as all household members, do not currently have, nor have experienced the symptoms listed above WITHIN THE LAST 14 DAYS.

I affirm that I, as well as all household members, have not been diagnosed with COVID-19 WITHIN THE PAST 30 DAYS.

I affirm that I, as well as all household members, have not knowingly been exposed to anyone diagnosed with COVID-19 WITHIN THE PAST 30 DAYS.

I affirm that I, as well as all household members, have not traveled outside of the country, or to any city considered to be a "hot spot" for COVID-19 infections WITHIN THE PAST 30 DAYS.

I understand that if I develop any symptoms or experience a known exposure to COVID-19 after signing this form, that I will promptly notify Vertical Fusion and/or Grace Pilates management.

I understand that Melanie Piek, Rende Brockwell, Vertical Fusion, LLC, and Grace Pilates, LLC cannot be held liable for any exposure to the COVID-19 virus caused by misinformation on this form or the health history provided by each client.

I agree to having my temperature taken before being allowed to enter the facility and I understand that if I have a temperature of 100.4 degrees fahrenheit or higher I will not be permitted to enter.

I understand that masks are required to enter the facility and must be worn anytime I am unable to maintain more than six feet distance from others.

I understand that I must wash my hands and sanitize my feet upon entering and exiting the facility and as much as possible while in the facility.

I understand that I must maintain a distance of at least six feet from others when not wearing a mask and as much as possible when I am wearing a mask.

I understand that sharing equipment is not allowed unless the equipment can be properly disinfected between clients.

I understand that I must thoroughly sanitize equipment, supplies, and floor space before and after use.

I understand that I may not touch or use bare spin sets as they cannot easily be sanitized.

I understand that I should not share or reuse towels and that used towels should be placed in the designated bin for laundering.

I understand that I should not share spray bottles or other items that were previously ok to share.

I understand that I must comply with capacity limitations and therefore, must follow studio rules regarding arrivals and departures (I may not arrive more than 10 minutes before my reservation and I must vacate the premises as quickly as possible and no more than 10 minutes after my reservation ends).

I understand that because Vertical Fusion and Grace Pilates is open for use by other individuals and infected individuals are often asymptomatic, I recognize that I am at higher risk of contracting COVID-19 and I accept this risk.